

# 110 RANDOM ACTS OF KINDNESS FOR KIDS!



1. Compliment someone
2. Buy school supplies for your class
3. Write lunchbox notes for siblings
4. Treat your postal carrier
5. Write a thank you note
6. Write a letter
7. Send a care package
8. Leave a positive comment
9. Stick up for a friend
10. Mow neighbor's lawn
11. Pick up litter at the park
12. Ask someone how they're doing
13. Recognize good behavior
14. Start a gratitude journal
15. Donate toys
16. Make cards for sick children
17. Do something nice for yourself
18. Take toys to a hospital
19. Donate cold weather items
20. Put your phone away
21. Say "hello" to someone
22. Share your lunch with a friend
23. Let someone go ahead of you
24. Forgive someone
25. Apologize when you should
26. Leave money in a vending machine
27. Sit next to someone new in the lunchroom
28. Pick up something dropped
29. Take food to a homeless shelter
30. Hold the door open
31. Donate clothes that no longer fit
32. Pray for someone
33. Text a friend just to say hi
34. Walk your neighbor's dog
35. Plant a tree
36. Start a community flower garden
37. Go Christmas caroling
38. Open a lemonade stand & donate profits
39. Make a Kindness Kit
40. Make a Kindness Calendar
41. Christmas Kindness Calendar
42. Print Kindness Cards
43. Rainbow Rock Project
44. Fidget Spinner Kindness Game
45. Kindness Reading List
46. Design a kindness cootie catcher
47. Make a kindness countdown chain
48. Valentine's Day kindness jar
49. Kindness leaves for fall
50. Kindness scratch off cards
51. Decorate kindness stones
52. Bake sugar kindness cookies
53. Be a "bucket filler"
54. Do an extra chore
55. Encourage others to be kind
56. Tithe your allowance
57. Go Christmas caroling
58. Donate books to the library
59. Clean your room without being asked
60. Say "thank you" to someone
61. Serve at your church
62. Write kind messages in sidewalk chalk
63. Tip over 20% to your server
64. Smile at someone
65. Make friends with a new kid at school
66. Make Christmas ornaments for family
67. Start a recycling drive
68. Help your grandparents at home
69. Bake cookies for a nursing home
70. Leave a kind note on a stranger's car
71. Play music in a public place
72. Ask for donations at Christmas instead of toys
73. Donate extra Halloween candy
74. Walk or ride your bike
75. Organize a carpool to school or activities
76. Donate old linens to an animal shelter
77. Bring a snack for your bus driver
78. Participate in Giving Tuesday
79. Write New Years kindness resolutions
80. Share your toys
81. Read a book to a younger sibling
82. Draw a picture for one of your favorite adults
83. Make a homemade birthday card
84. Cheer on a friend or sibling
85. Offer to carry in groceries from the car
86. Help clean up a mess that's not yours
87. Let sibling pick a TV show to watch
88. Bring dinner to the fire department
89. Hug a past teacher
90. Write a thank you card to principal
91. Make bookmarks for the library
92. Hide sticky notes with positive quotes on them
93. Return grocery carts
94. Tidy up your table at a restaurant
95. Wipe the sink counters in a public bathroom
96. Pick flowers for someone you love
97. Bake a birthday cake
98. Put change in someone else's parking meter
99. Babysit for free
100. Teach someone else a new skill
101. Help a classmate with their homework
102. Participate in your school fundraiser
103. Offer to tutor a classmate
104. Visit your grandparents
105. Tell someone a joke to make them laugh
106. Leave a note inside a library book
107. Pick up clothes in a changing room
108. Pay attention in class
109. Tidy up your classroom during a break
110. Set a positive example